

Photodynamic Therapy (PDT)

Day of Appointment:

Bring a large hat and sunglasses with you to your treatment if you are receiving a treatment on face or head. Wear long sleeve shirt or jacket if your treatment will be to your arms and gloves if your treatment is on your hands.

After your Treatment:

1. Mild to moderate redness, swelling, peeling, blistering and crusting of the treated areas is expected and can last several days. If you have had a previous treatment, you may get less redness, swelling and crusting with each successive treatment.
2. You may experience some discomfort, but no pain.
3. Apply ice packs to decrease swelling; You may take Motrin or Tylenol to help with any discomfort or swelling.
4. Residual redness will subside after a few days but you may wear makeup to camouflage any persistent areas.
5. Peeling may be experienced for 1-3 days following the procedure. Vaseline can be applied liberally to help with peeling and dryness.
6. Avoid extremes of temperature such as hot water or coffee and avoid wind (if possible).

*****YOU MUST STAY OUT OF THE SUN AND AWAY FROM THE WINDOWS IN YOUR HOME/WORK FOR THE DAY OF THE PROCEDURE AND THE DAY FOLLOWING THE PROCEDURE—NO EXCEPTIONS!!!**