

LipoDissolve Post-Procedure Care

- Use Tylenol as needed for pain control. Do not use any type of non-steroidal anti-inflammatory medication as these will cause bleeding and bruising.
- Do not consume alcohol for 72 hours post-procedure as this can cause bleeding and bruising.
- Continue to eat a proper diet and exercise at least 3 times a week.
- Drink 8 glasses of water per day to ensure the lipodissolve is flushed from your system.
- Expect to have tenderness, redness, firmness at the injection sites, which will gradually dissipate over the next few days. Swelling may occur for up to 3 weeks post treatment.