



## POST-PROCEDURE CARE SHEET

**We recommended SkinMedica or Silagen scar therapy to the scar caused by a biopsy or skin excision. Apply once per day for 23/24 hours per day**

### **After a Shave or Punch Biopsy:**

Your Provider has performed a BIOPSY today to diagnose either a rash or a specific lesion to look for cancer. This is ONLY A SMALL SAMPLING of the lesion, it is not meant to remove the entire lesion. We are NOT attempting to REMOVE THE ENTIRE LESION, only diagnose it to see if it needs further excision. Results are expected back in 7-14 days and we will call you to let you know the diagnosis. If it is cancer, we will need to schedule you for a full 30 min excision in our office or for MOHS consult.

Keep band aid or bandage in place for 24-48 hours as directed by Dr. Turner. Take band aid off using warm running water (as in the shower) to help band aid adhesive gently lift off the skin at the appropriate time. Cleanse the biopsy area gently with warm soapy water daily. Pat dry. Apply plain vaseline petroleum jelly to the wound and cover with a band aid. Repeat the above steps for at least 7 days or until you back in for suture removal if you had a punch biopsy.

### **After a Skin Excision:**

Keep bandage in place for 48 hours. Take bandage off using warm running water (as in the shower) to help bandage adhesive gently lift off the skin at appropriate time. Cleanse the excision with warm soapy water daily. Pat dry. Apply plain Vaseline petroleum jelly to the wound and cover with a band aid or bandage every day. Repeat the above steps until you return to the Dermatology Office for your suture removal.

### **After Cryotherapy/Liquid Nitrogen treatment:**

Be aware the area(s) treated may burn/sting for 20-30 minutes following the treatment. A blister may form over the area treated. If it is uncomfortable, you may use a sterile needle to gently prick the blister to eliminate the fluid within. Leave the blister covering in place as this acts as a natural covering for the area underneath! A scab will form over the treated area in 48 hours. Gently cleanse the areas treated as you would in the shower or bath. No special application of products/medicines or treatment is necessary. The treated areas will fall off and resolve in approximately 10-12 days time.

ONE PRESTON CENTRE . 8222 DOUGLAS AVE. SUITE 950 . DALLAS, TEXAS 75225  
BAYLOR IRVING . 2021 N. MACARTHUR BLVD. SUITE 435 . IRVING, TEXAS 75061  
NOLAN RIVER BUSINESS PARK . 893-B N. NOLAN RIVER RD. . CLEBURNE, TX 76033



# DERMATOLOGY OFFICE

ELLEN TURNER M.D.

Use your patient portal for non-emergency questions or concerns or you may call the office at 214-373-7546. EMERGENCY # 469-475-1038

ONE PRESTON CENTRE . 8222 DOUGLAS AVE. SUITE 950 . DALLAS, TEXAS 75225  
BAYLOR IRVING . 2021 N. MACARTHUR BLVD. SUITE 435 . IRVING, TEXAS 75061  
NOLAN RIVER BUSINESS PARK . 893-B N. NOLAN RIVER RD. . CLEBURNE, TX 76033